## Deerfield Community School District Menu - September 2010

All meals include choice of milk and assorted fresh vegetables with dip. Pizza meal served daily at Middle and High School.

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 1 <br> Chicken Nuggets, Rice, Pears, Beets, Dinner Roll Elem. Alt.-Chef Salad HS/MS - Salad/Soup | 2 <br> Cheeseburger, Potato Wedges, Fruit Cocktail, Dessert Elem. Att. Turkey Sand. HS/MS - Sub Meal | 3 <br> Elem. Pizza, Garden Salad, Apple Sauce <br> Elem. Alt. - PBJ <br> HS/MS - Baked Potato Meal <br> HS/MS-BBQ Rib |
| $6$ <br> No School | 7 <br> Hot Dog, Mixed Vegetables, Peaches, Corn Chips Elem. Alt.-Chef Salad HS/MS - Salad Meal | 8 <br> Mac and Cheese, Broccoli, Yogurt, Cinn. Peaches,Roll Elem. Alt. Turkey Sand HS/MS - Salad/Soup | 9 <br> Chicken Tender Wrap, Spinach Salad, Oranges, Tator Tots <br> Elem. Ait. Turkey Sand. <br> HS/MS - Sub Meal | 10 <br> Cheese Sticks with <br> Sauce, Pineapple, <br> Broccoli <br> Elem. Alt. - PBJ <br> HS/MS - Sandwich Wrap Meal |
| 13 <br> Chickenburger, Tator Tots, Pears, Peas <br> Elem. Alt.-Chef Salad HS/MS - Salad Meal | 14 <br> French Toast, Hash Browns, Eggs, Mixed Fruit <br> Elem. Att. Turkey Sand. <br> HS/MS - Sub Meal | 15 <br> Sloppy Joe, Cauliflower w/cheese, Peaches, Dessert Elem. Alt-Pizza HS/MS - Salad/Soup Early Release | 16 <br> Spaghetti with Meat Balls, Garden Salad, Garlic Toast <br> Elem. Alt. Turkey Sand. <br> HS/MS - Sub Meal | 17 <br> Elem. Pizza, Garden Salad, Apple Sauce <br> Elem. Alt. - PBJ <br> HS/MS - Baked Potato Meal <br> HS/MS - Salisbury |
| 20 <br> Hamburger, Sweet Pot. Fries, Baked Beans, Dessert Elem. Alt.-Chef Salad HS/MS - Salad Meal | 21 <br> Grilled Cheese Sandwich, Soup, Broccoli <br> Elem. Alt-Pizza HS/MS - Sub Meal | 22 <br> Nachos with Meat and Cheese, Corn, Texas Salsa, Juice <br> Elem. Alt. Turkey Sand. <br> HS/MS - Salad/Soup | 23 <br> Mac and Cheese, Broccoli, Yogurt, Cinn. Peaches, Roll <br> Elem. Alt. - PBJ <br> HS/MS - Sub Meal | $24$ <br> No Lunch |
| 27 <br> Corn Dog, Mixed Veggies, Peaches, Dinner Roll <br> Elem. Alt.-Chef Salad HS/MS - Salad Meal | 28 <br> Cheeseburger, Potato Wedges, Fruit Cocktail, Dessert <br> Elem. At. Turkey Sand. <br> HS/MS - Sub Meal | 29 <br> Chicken and Gravy, Mashed Potatoes. Green Beans. Cranbernies, Roll,Dessert <br> Elem. Alt-Pizza <br> HS/MS - Salad/Soup <br> Early Release | 30 <br> Soft Shell Taco, Juice, Corn, Cinnamon Churro <br> Elem. Alt. Turkey Sand. HS/MS - Sub Meal |  |

## Food Service Department Contact Information

